



NYU



ASRS v1.1 6-Question Screener

The Adult ADHD Self-Report Screener (ASRS v1.1) is a 6-item self-report questionnaire designed to assess Attention Deficit Hyperactivity Disorder (ADHD) symptoms in adults (18+). It is based on the ASRS v1.1 Self-Report Scale (18Q).

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The screener is freely available for clinical and non-clinical use, including commercial use, but does require attribution. This is an evidence-based tool, and as such no other modifications, other than creating electronic versions, are permitted.

The ASRS v1.1 6Q Screener is not a standalone diagnostic tool. It is designed to help clinicians identify individuals who may be at higher risk for adult ADHD.

To be clear, diagnosis or prescription should never been made solely on the basis of a score from the screener tool.

The appropriate citation for the screener is:

The 6-question Adult Self-Report Scale-Version1.1 (ASRS-V1.1) Screener is a subset of the 18-question Adult ADHD Self-Report Scale-Version1.1 (Adult ASRSV1.1) Symptom Checklist. © New York University and the President and Fellows of Harvard College.

The ASRS v1.1 Screener was created by Dr. Lenard Adler of NYU and Dr. Ronald Kessler of Harvard.

****Please note, there are two versions of the screener available. One has shaded blocks, which is a patient facing tool for self-scoring. The clinician facing version is unshaded, and available in select languages only, with additional scoring instructions.**

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